

Nursing Life

AUTISM



'I used to be really anti sociable and thats not in a bad way but I just really struggle to interact with people, I still do find it hard now, but its easier. I still cant hold a conversation to save my life but its easier now than it was before'

Do you feel like sometimes you are misunderstood?

'Id say no, actually sometimes. Mostly no because I'm very upfront with people so its hard not to misunderstand me'

Does your condition affect your learning in anyway?

'Yes, it does. The only way i can put this is, im good at practical stuff but with theory stuff I hate it, writing projects or evaluations I am really bad at. Another thing I am bad at is explaining stuff such as, I can take a picture of that fan over there, but I cant tell you why I did it, I cannot give

a defiant explanation why I took a picture of something or did something, again its odd, but it happens.'

If someone was to ask about your condition, how would you describe it?

Id say it was, I think the actual term is an emotional and social condition I think, yeah I think its emotional and social, thats how I would describe it'

Do you feel that your friends are very understanding of your condition?

Yeah, I think they are definatley 100% understandable. Well I dont think most people know that I have it to be honest, its not like I am trying to conceal it. If people know, I am happy to tell them but on the other front I kind of just



For impartial, confidential advice and support on autism for anyone affected by, or researching autism. Autism helpline 0808 800 4104

5 MINUTES WITH

Corey Brown

How do you feel today?

'Im ok, just tired,just because its Monday'

Would you say you have good and bad days?

'Yeah definatley, I have good days and bad days,

everybody does to be honest but maybe me more often'

What do you mean by that?

'Its just sometimes I can change moods on a diam. I can change moods really quickly, which is why I can be happy and then just straight away turn angry or something'

How sociable are you?

Calender

Advice&Support

12th June 2017
10am - 11am
Coffee morning - Suttin Coldfield
Our Place
Community Hub

Autism advice sessions

13th June 2017
9:30am-3:30pm
Erdington Hall Childrens Centre
Ryland Road, Birmingham

Social Group

17th June 2017
10:30am-12:30pm
Saturday Youth Group (9-18yrs)
Beechtree Community Centre
Claypit Street, Whitchurch



live with it and people think I am a bit differently wired which I am ok with because I think I am differently wired as well. Yeah its all good'

How are you with things such as public transport, social gatherings and college lessons?

'College lessons I am fine with because I am around my friends anyway for instants, you. With other social interactions again I used to b really bad with, but ive gotten better. I can be with a group of people and be fine with it but with public transport its easy because most people just stick their headphones in anyway which is what I do. Its not really a big deal for me to travel on busses'

When you say you have gotten better at social gatherings, how did you overcome that?

'I just did it more often, I guess I found more friends and slowly overtime I gained and lost some friends but, during the time I just found more friends, hung out with them more and thats how I overcame it. Which isnt paticulary hard to do'

You were a sea scout, did this help you to become more sociable?

'Not really, I dont think. I just learnt more about water stuff, I just did water sports and activities which was fun, it didnt help me socially. I did enjoy it; it was a fun thing to do. Im glad I dont do it anymore because I kind of held back but it was fine while it lasted'

Have you ever spoken to anyone about your condition?

'I dont think so, Ive always kept it to myself. I mean ovbiously Ive told people I have it for example friends of mine in the college know I have it. Because Ive said, not as a thing to like say 'look at me ive got this, but only if it has came up in conversations. But no I havent talked to anyone like that about it because I dont feel the need to. I know bits about it and if I need to know more about my condition I can probably find more about it on the internet'

Is there anything you'd like to say to those who also suffer with the condition?

Just keep doing what your doing, I dont want to say effected by it but if you have it, normally what would happen is, you will always struggle with social situations and other things but, it will get better over the years, the main thing I can say is stay around friends as they do really help'